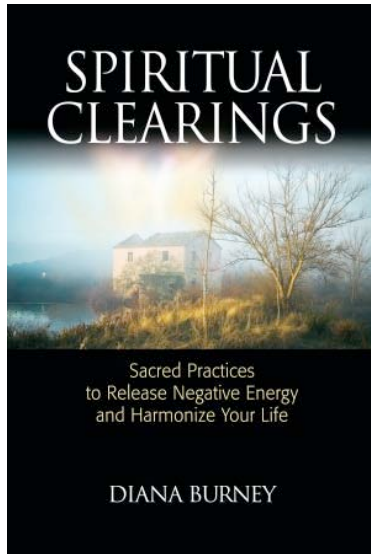




North Atlantic Books
2526 Martin Luther King Jr. Way
Berkeley, CA 94704
NorthAtlanticBooks.com
NorthAtlanticBooks.wordpress.com

For Immediate Release

Contact: Talia Shapiro, Publicity Coordinator
tshapiro@northatlanticbooks.com
510.549.4270, ext. 14



Spiritual Clearings ***Sacred Practices to Release Negative Energy and Harmonize Your Life*** Written by **Diana Burney**

A blend of spiritual and practical material, ***Spiritual Clearings*** offers a comprehensive checklist of situations that may require a personal, home, property, or business clearing, from confronting illness or feeling “stuck” in life, to having trouble selling a home, to high employee turnover. In addition to describing energetic blockages, such as negative thought forms, author **Diana Burney** also discusses different categories of energy, its presence in the invisible world, and the unseen influences or beings that may be drawn to discordant energy. Through spiritual clearings, **Burney** proposes, we can release our own negativity as well as guide unseen negative forces toward the light. The book’s clearing rituals include prayers that invoke the assistance of higher beings such as archangels and Ascended Masters, incantations and chants from different spiritual traditions, the visualization of divine light and the violet flame, and the expression of gratitude. Additional meditation and visualization exercises, descriptions of divine beings, and a summary of the universal laws provide readers with a clear path to fulfilling their potential and creating a personal environment of confidence, creativity, love, and acceptance.

About the Author:

Diana Burney has over thirty-five years of experience in management, counseling, marketing, and education. A certified hypnotherapist, Reiki Master/teacher, and Magnified Healing Practitioner, she is also an ordained minister of the Order of Melchizedek from the Sanctuary of the Beloved in Conesus, NY. The President of Earth Release since 1999, she lives in Ann Arbor, MI.

Recent Praise:

"What a horn of plenty is Diana Burney's *Spiritual Clearings*, as well a gift for therapists and clients alike. Replete with the knowledge of many years of experience and research, Diana has found her own wonderful way of being helpful to so many. Introducing us to the spiritual world that we may find our own perspective, and providing a plethora of tools to keep at our fingertips, ... Diana shares the underpinnings of multiple disciplines, and gives techniques for cleansing, healing, and clearing across time and space. Thank you Diana for sharing your wisdom and life experiences."

—Judith Baldwin, author of *From My Heart to Yours: A Transformational Guide to Unlocking the Power of Love*

Ordering:

To order, please visit Amazon.com, BarnesAndNoble.com, Borders.com, Powells.com, NorthAtlanticBooks.com, RandomHouse.com, or your local independent bookstore.

Bookstores can order through their Random House sales representative, wholesalers like Baker & Taylor or Ingram, or by calling Random House Customer Service at 1-800-733-3000.

For media or interview inquiries, please contact Talia Shapiro at tshapiro@northatlanticbooks.com

North Atlantic Books is distributed by Random House Distribution Services
978-1-55643-815-8, \$16.95 US/\$21.00 CAN, Trade Paper, 184 pages, 6 x 9
Body, Mind, & Spirit/New Age